



BLOEMFONTEIN GIMNASTIEK KLUB

BLOEMFONTEIN GYMNASTICS CLUB

Bloemfontein Showgrounds - Gate 5
Farm Yard Hall

admin@bloemgim.co.za



082 649 9704

Website: www.bloemgim.co.za



Scroll on through our
WhatsApp Catalogue
for more info



Banking Details | Bankbesonderhede

Bloemfontein Gymnastics Club
ABSA, Cheque Account
Acc no. 405 415 0192

Termly OR 10-Monthly account options

All payments must be made in advance
before the 7th day of each term/month billed.

Yearly Registration Fees:

GSA, FS, SFS, Club

Non-Competitive (Compulsory to ALL)	R200
UPGRADE to Competitive Status	Additional Fee (+)
• Level 1-3	R235
• Level 4+	R445



Class Fees 2026:	Termly	10-Monthly
Foundational Gymnastics	R975	R390
Novice (Level 1-3) ** WAG / MAG / TR / ACRO	R1250	R500
Intermediate - Advanced (Level 4+) ** WAG / MAG / PK / TR	R1475	R590
1-Weekly Classes / Adult Package	R750	R300
Add 2 nd Discipline	R300	R120
Fee per Session	R100	

Gee jou kind die beste voorsprong!

Belangrik om te weet

Ons waarborg minstens 10 weke se klasse per kwartaal.

Kwartale is as volg:

- (1) Januarie tot Maart
- (2) April tot Junie
- (3) Julie tot September
- (4) Oktober tot Desember

Inskrywing word aanlyn voltooi, waar die Klub se Reëls en Regulasies besigtig kan word en aanvaar moet word om voort te gaan.

Fakture is TERMYNLIKS of 10-MAANDELIKS – betaalbaar voor die 7de van elke maand/termyn. Rekeninge word per e-pos gestuur via ons SWOOL.IO-faktureringsstelsel.

Tydens die beëindiging van klasse moet daar skriftelik kennis gegee word 2-maande vooraf.

Tydens BloemSkou trek ons vir ongeveer 'n maand uit die saal – reëlins sal dan vooraf aan u gekommunikeer word.

Give your child the best head start!

Important to know

We guarantee at least 10 weeks of training per term/quarter.

Our terms are as follow:

- (1) January to March;
- (2) April to June;
- (3) July to September;
- (4) October to December.

Enrolment is completed online, where the Club Rules and Regulations can be viewed and must be accepted to continue.

Invoices are TERMLY or 10-MONTHLY – payable before the 7th of each month/term. Accounts are emailed via our SWOOL.IO billing system.

During the termination of classes, 2 months' notice must be given in writing.

During BloemShow we move out of the hall for about a month - arrangements will then be communicated to you in advance.

Dames Artistiese Gimnastiek (WAG)

Met 'n opwindende kombinasie van waagmoed en grasia, voer gymnaste uitdagende elemente uit op vier apparate - sponse, brug, balk en vloer - met die klem op behendigheid, dans, buigsaamheid, krag en styl.

Women's Artistic Gymnastics (WAG)

With a thrilling combination of daring and grace, gymnasts perform challenging elements on the four apparatus - Vault, Uneven Bars, Balance Beam and Floor - with emphasis on agility, artistry, flexibility, power and style.

Level 1 & Level 2 (90min, twice a week)	Mon & Wed → 14:00 / 15:30 / 17:00 OR Tue & Thu → 14:00 / 15:30 / 17:00
Level 3 & Level 4 (Level 4 may train all 4 days)	Mon & Wed → 14:30 - 16:30 OR Tue & Thu → 17:00 - 19:00
Level 5+ (3-5 days per week)	Mon & Wed → 16:30 - 19:00 Tue & Thu → 14:30 - 17:00
Tumbling & Acro (Free for all members)	Fri → 14:00 - 16:00

Class Fees

Level 1-3 : R500 per month

Level 4+ : R590 per month

Yearly Registration:

Level 1-3 : R435

Level 4+ : R645



Mans Artistiese Gimnastiek (MAG)

Gimnaste vertoon bomenslike krag terwyl hulle swaartekrag uitdaag en die grense van fisika stoot in ses afsonderlike geleenthede: vloer, pommel, ringe, spronge, parallelle brug en horisontale brug.

Men's Artistic Gymnastics (MAG)

Gymnasts display superhuman strength as they challenge gravity and push the limits of physics in six separate events: Floor Exercise, Pommel Horse, Still Rings, Vault, Parallel Bars and Horizontal Bar.

5-7 Years (Skill Squad)	Mon & Wed → 14:00 - 15:30
7-9 Years (Premier Division)	Mon & Wed → 15:30 - 17:00
9-12 Years (Premier Division)	Tue & Thu → 15:30 - 17:00
10 Yrs and Older (Intermediate)	Mon & Tue & Thu → 17:00 - 19:00
Tumbling & Acro (Free for all members)	Fri → 14:00 - 16:00

Class Fees

Level 1-3 : R500 per month

Level 4+ : R590 per month

Yearly Registration:

Level 1-3 : R435

Level 4+ : R645



Trampolien en Tuimel (TR)

Die perfekte sport vir gewaagde adrenalin "junkies" wat dit geniet om te spring, flip, spin en nuwe hoogtes te bereik. Trampolien-gimnaste kompeteer in vier kategorieë:
Individuele Trampolien, Gesinchroniseerde Trampolien, Dubbele-mini Trampolien en Tuimel.



Trampoline and Tumbling (TR)

The perfect sport for bold high-flyers who want to jump, sault, twist and enjoy being airborne.
Trampoline gymnasts compete four categories:
Individual Trampoline, Synchronised Trampoline, Double-Mini Trampoline and Tumbling.

Skill Squad (Ages 5-7 Boys)	Mon & Wed → 14:00 - 15:30
Level 1 - Level 3 (90min, twice a week)	Tue & Thu → 14:00 - 15:30 OR Mon & Wed → 17:00 - 18:30
Level 4 and higher (3-4 Days per Week)	Mon & Wed → 17:00 - 19:00 Tue - Thu → 15:30 - 17:00
Tumbling & Acro (Free for all members)	Fri → 14:00 - 16:00

Class Fees

Level 1-3 : R500 per month

Level 4+ : R590 per month

Yearly Registration:

Level 1-3 : R435

Level 4+ : R645



Parkour Gimnastiek (PK)

Vinnige beweging deur 'n gebied, wyl onderhandel om oor struikelblokke te hardloop, spring, swaai en klim.



Parkour Gymnastics (PK)

Moving rapidly through an area, negotiating obstacles by running, jumping, swinging and climbing.



Class Fees

Level 1-3 : R300 per month

Level 4+ : R590 per month



Yearly Registration:

Level 1-3 : R435

Level 4+ : R645



Level 1 - Level 3	Fri → 14:00 - 15:30
Level 4 and higher	Mon, Tue, Wed & Thu → 14:00 - 15:30
Tumbling & Acro (Free for all members)	Fri → 14:00 - 16:00

Akrobatiese Gimnastiek (ACRO)

Spangebaserde Gimnastiek voltooi op die vloer in groepe van 2 of meer, mans en/of vroue. Die roetines sluit tuimel, opheffings, balanse en ander gekoördineerde visueel verstommende bewegings in, wat krag, buigsaamheid en baie spanwerk en vertroue beklemtoon.

Acrobatics Gymnastics (ACRO)

Team-based Gymnastics completed on the floor in groups of 2 or more, men and/or women. The routines incorporate tumbling, lifts, balances and other coordinated visually stunning movements, emphasizing strength, flexibility and a lot of teamwork and trust.

Level 1 - Level 4	Tue & Thu → 17:00 - 18:30
Tumbling & Acro (Free for all members)	Fri → 14:00 - 16:00

Class Fees

Level 1-3 : R500 per month

Yearly Registration:

Level 1-3 : R435

Level 4+ : R645



Fundamentele Gimnastiek (FunGim)

Ontwikkeling van basiese vaardighede in 'n gedissiplineerde, tog prettige omgewing, wat kinders aanmoedig om energiek en fisies aktief te wees, wyl hul ook allerlei sosialiseringvaardighede aanleer.

Foundational Gymnastics (FunGym)

Developing basic skills in a disciplined, yet fun environment, which encourages children to be energetically and physically active, while also learning all kinds of socialization skills.

2-4 Years of Age ; Mini Movers

Mon & Wed	14:00 - 14:40
Tue & Thu	15:00 - 15:40 / 16:00 - 16:40

5-8 Years of Age ; Foundation Flyers

Mon & Wed	15:00 - 15:50 / 16:00 - 16:50 / 17:00 - 17:50
Tue & Thu	14:00 - 14:50 / 17:00 - 17:50

Class Fees

R390 per month

Yearly Registration:

R200



Flip & Sip (Adult/Student Gymnastics)

Mon, Tue, Wed, Thu

18:00 - 19:00

Students and adults who desire some old or even new experiences, that encourages some physical and mental challenges. An opportunity to meet new people, to get fit, strong, flexible and if interested, to learn some skills you never thought to be capable of.



Class Fees

R300 per month

Yearly Registration:

R200

Tumbling & Acro

14:00 - 16:00

One-Weekly Package

Classes only being offered once a week.
Tumbling & Acro offered to cheerleaders/dancers.

OR

Exception of attending our bi-weekly classes only once a week due to personal reasons.

Private Classes

Bookings available per coach, outside of their group class times.
Fee differ between R150 per hour - R250 per hour.